

JAWAHAR NAVODAYA VIDYALAYA : GOLAGHAT :ASSAM: 785 621

MESS MENU w.e.f. 1st Nov. '2017

A.	Day	Morning Tea	Break Fast	Lunch	Evening Tea	Dinner
	Mon day	Tea, Vija Chana	Veg Pulao, Badam Chutney/ Tomato Chutney	Rice, Dal, Seasonal Veg Curry, Kaskal Chips	Tea, Ceam Bon	Rice, Dal, Nutrella Aloo dry fry
	Tues day	Tea, Vija Chana	Rice, Dal, Aloo Pitika, Green Chilli	Rice, Dal, Mix veg, Papad	Tea, Oil Samosa	Rice, dal, Seasonal veg, Egg
	Wednes day	Tea, Vija Chana	Kashmiri Pulao, Pickle/Rice, Chana Dal	Rice, Dal, Rajma Aloo, Salad	Tea, Pop	Rice, Dal, Chicken curry/Paneer dry fry
	Thurs day	Tea, Vija Chana	Paneer Pulao, Tomato Chutney/ Badam Chutney	Rice, Dal, Mix veg, Aloo fry	Tea, Baked Samosa	Rice, dal, Motor paneer, Sewai/Kheer
	Fri day	Tea, Vija Chana	Rice, Ghugani, Egg	Rice, Dal, Rajma aloo, Salad	Tea, Veg Pattis	Rice, Dal, Chicken curry/Fish Curry, Paneer Dry Fry
	Satur day	Tea, Vija Chana	Chow Chow/Rice, Chana Dal	Rice dal, Kaskal Chips/Murighanta	Tea, Cake	Rice,Dal, Seasonal Veg, Pickle/Green Chilli
	Sun day	Tea	Puri/Rice, Aloo Motor, Sweet	Khisiri, Butter, Pickle	Tea, Bisruit	Rice, Dal, Chicken curry/Paneer dry fry

Bhupendra Nath Deka
Signature of Catering Assistant

[Signature]
Signature of Mess i/c

[Signature] 01/11/2017
Signature of Principal

Principal
Jawahar Navodaya Vidyalaya
Dist. Golaghat

N.B. : The effectiveness of the menu subject to availability of item